

Principle Workbook

Lesson 37 - Cain and Abel

Aim

- * to know God's plan for Cain and Abel
- * to learn more about the Cain-Abel relationship

Materials

- * Visual Aids - large picture of Cain and Abel
 - picture cards of good and bad actions
- * Bible passage - Genesis 4: 1-16
- * worksheet
- * Snakes and Ladders game

Lesson Outline

1. God's Plan of Restoration
2. The Story of Cain & Abel
3. God's plan for Cain & Abel
4. The Cain-Abel relationship
5. Activities - worksheet, memory game, snakes & ladders
6. Review the aims
7. End with a prayer

1) God's plan of Restoration

* Throughout history, God has worked to restore human beings back to their original unfallen state. To do this fallen people need to go through a course to separate themselves from Satan's influence and be restored to the top of the growth stage, where Adam and Eve fell. This is done through making two conditions: a Foundation of Faith and Foundation of Substance.

* The Foundation of Faith

Adam and Eve failed to believe in God's word and disobeyed the commandment. To restore this, God asks fallen people to make indemnity conditions. The Foundation of Faith means offering something to God with complete faith, in place of God's word. We have to show that we love God first and are willing to follow God's plan for our life.

* The Foundation of Substance

Adam and Eve did not grow their hearts and become people of true love. Instead, they developed a self-centred fallen nature from the archangel. The Foundation of Substance means to make indemnity conditions to remove fallen nature, so we can become people with original nature.

* Foundation for the Messiah

Once these two conditions are made God can send the Messiah. By following the Messiah human beings can continue their growth to perfection and the world can be restored. God's plan of restoration began in Adam's family with their children, Cain and Abel.

2) The Story of Cain & Abel - (Genesis 4: 1-16)

- * Cain was the first born and Abel the second.
- * Cain made an offering of fruits of the soil. Abel offered a lamb.
- * God accepted Abel's offering, but rejected Cain's
- * Cain became very angry and killed his brother.
- * He was cursed and became a restless wanderer in the land of Nod.

3) God's plan for Cain & Abel

- * Why didn't God choose Adam to make an offering?

God couldn't work through Adam, because he was in the midway position between God and Satan. God couldn't work with someone who had two masters. Adam was symbolically divided into his two sons. God chose the first born, Cain, to be in the archangel position, representing evil and the second born, Abel, in Adam's position representing good. In reality they were both a mixture of good and evil.

- * Why did God accept Abel and reject Cain?

Because Abel stood in Adam's position his offering was accepted. Because Cain stood in the archangel's position, his offering was rejected. It didn't mean that God hated him. It was because he was in a position to deal only with Satan.

- * How could Cain's offering have been accepted?

The way for Cain to be accepted was by making a condition to get rid of his fallen nature. He had to make a Foundation of Substance by returning to God through Abel. This meant four things

1. Love Abel
2. Respect Abel
3. Obey Abel
4. Learn from Abel

4 THINGS TO OVERCOME FALLEN NATURE - **LOVE, RESPECT, OBEY, LEARN**

If you look at a person through the eyes of love you will respect them. If you respect a person you will want to obey them. If you obey them you will learn from them

- * Why did Cain fail?

He failed because couldn't control his feelings and he couldn't get rid of his fallen nature. Instead his anger and jealousy controlled him. He had the same attitude as Lucifer. Because he didn't separate himself from Satan, a Foundation of Substance could not be made. God's plan in Adam's family failed and there was no foundation to send the Messiah.

- * What did God mean when he said, "If you do what is right, will you not be accepted?"

If you accept Abel as my mediator, you will get rid of your fallen nature and come to my side. Then I will accept you.

- * What did God mean when he said, "But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it."

If you don't accept Abel as my mediator, Satan is ready to invade your mind. Feelings of anger and jealousy will overpower you. But you have to control your feelings and overcome this.

4) The Cain-Abel Relationship

Cain and Abel lived a long time ago, but the problems between brothers and between brothers and sisters are the same. Because we have fallen nature, it is easy to feel jealous and become angry. When siblings play games, they don't always play happily. Look at the pictures.

PICTURE 1 - Children playing cards get angry, because someone cheats or someone loses the game. What makes you or your siblings get angry when you play games? What can you do to solve the problem?

PICTURE 2 - One person calls the other bad names? What causes it? What can you do to solve the problem?

PICTURE 3 - An older brother gets angry and destroys his younger brother's toy. What causes it? What can you do to solve the problem?

PICTURE 4 - An argument over a ball game leads to a fight. What causes it? What can you do to solve the problem?

What problems happen in your relationships with your siblings? In the story of Cain and Abel, the solution was for Cain to be a servant to Abel - to love, respect, obey and learn from his brother. If siblings have that heart they won't fight. The older sibling should take care of his younger sibling and be a good example. The younger sibling should try to learn from his older sibling. Then they can get rid of their fallen nature and unite in heart.

In your family try to have the heart of love, respect, and obedience, then you can learn from each other.

5) Activities

* Complete the worksheet

Foundation of Faith: After the fall, God wanted to restore Adam as soon as possible, but he couldn't, because Adam could not separate himself from Satan's influence. He was in the midway position **between** God and Satan. In order to separate good and evil within **Adam**, God chose his two **sons** to represent good and **evil**. The first son, Cain, was put in the **archangel** position. The second son, **Abel**, was put in Adam's position. God rejected Cain's offering and accepted Abel's, because of their positions. Abel became God's **chosen** person and successfully made the foundation of faith.

Foundation of Substance: For Cain to be accepted by God he had to make conditions to take away his **fallen** nature. To do this Cain had to accept Abel as God's chosen person and **unite** with him. Instead, Cain grew angry and **killed** his brother. Because of this, God could not **restore** Adam's family. He could not send the **Messiah**.

* Play Snakes and Ladders to highlight the Cain-Abel relationship. When you follow your mind and do a good deed you climb the ladder. When you do something bad you slide down the snake and go backwards. The first person to reach 100, the ideal world, is the winner.

* Play the memory game showing the pictures of good and bad actions by brothers and sisters

6) Review the aims

To conclude ask each person what they could learn from today's lesson. Refer to the lesson aims:

** to know God's plan for Cain and Abel*

- to make a successful foundation of Faith and Substance, so a foundation to receive the Messiah is made.

** to learn about the Cain and Abel relationship*

- Because Cain couldn't control his jealousy and anger he killed his brother

- We can learn from the story that we must control angry feelings in our siblings relationships

- We can have the heart of a servant towards each other - love, respect, obey, and learn

7)End with a prayer

Cain and Abel make offerings



The Story of Cain and Abel

Genesis 4: 1-16



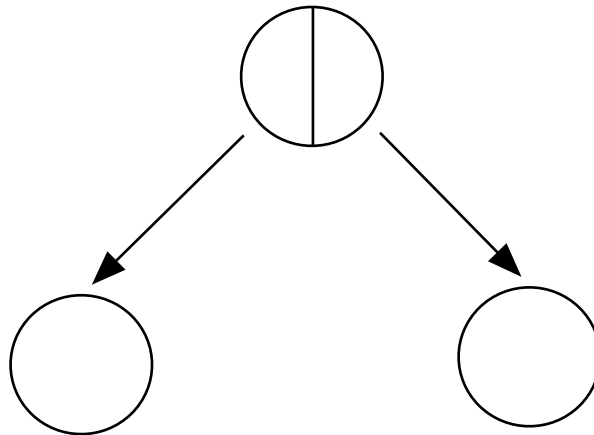
Eve gave birth to Cain. Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil. In the course of time Cain brought some of the fruits of the soil as an offering to the LORD . But Abel brought fat portions from some of the firstborn of his flock. The LORD looked with favor on Abel and his offering, but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast. Then the LORD said to Cain, "Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it." Now Cain said to his brother Abel, "Let's go out to the field." And while they were in the field, Cain attacked his brother Abel and killed him. Then the LORD said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

The LORD said, "What have you done? Listen! Your brother's blood cries out to me from the ground. Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth." Cain said to the LORD , "My punishment is more than I can bear. Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me."

But the LORD said to him, "Not so ; if anyone kills Cain, he will suffer vengeance seven times over." Then the LORD put a mark on Cain so that no one who found him would kill him. So Cain went out from the LORD's presence and lived in the land of Nod, east of Eden.

Cain and Abel



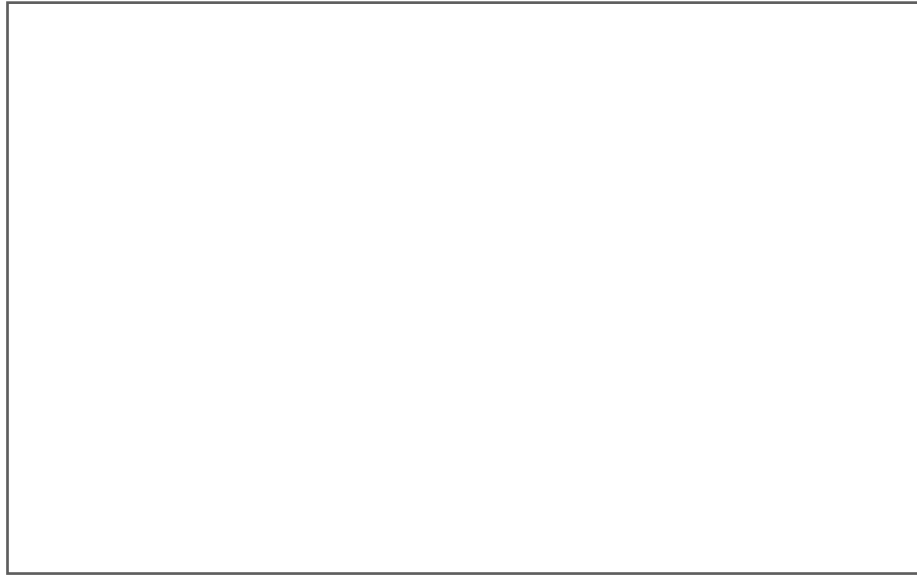
Foundation of Faith

Central person	
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After the fall, God wanted to restore Adam as soon as possible, but he couldn't, because Adam could not separate himself from Satan's influence He was in the midway position _____

God and Satan In order to separate good and evil within _____, God chose his two _____ to represent good and _____. The first son, Cain, was put in _____ position The second son, _____ was put in Adam's position.

God rejected Cain's offering and accepted Abel's, because of their positions. Abel became God's _____ person and successfully made the foundation of faith.



Foundation of Substance

Adam's position	
Archangel's position	

For Cain to be accepted by God he had to make conditions to take away his _____ nature. To do this Cain had to accept Abel as God's chosen person and _____ with him. Instead, Cain grew angry and _____ his brother. Because of this, God could not _____ Adam's family. He could not send the _____

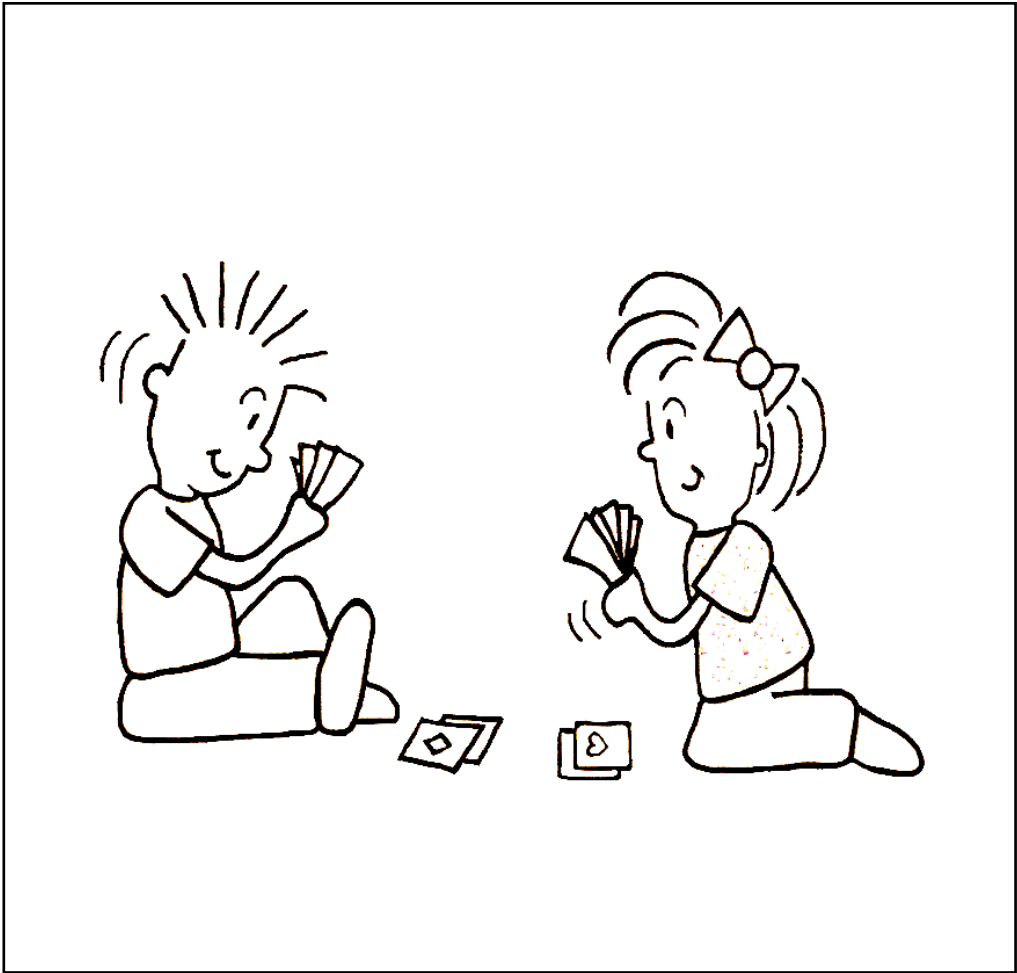
sons Messiah archangel restore evil chosen
Abel Adam killed fallen unite between

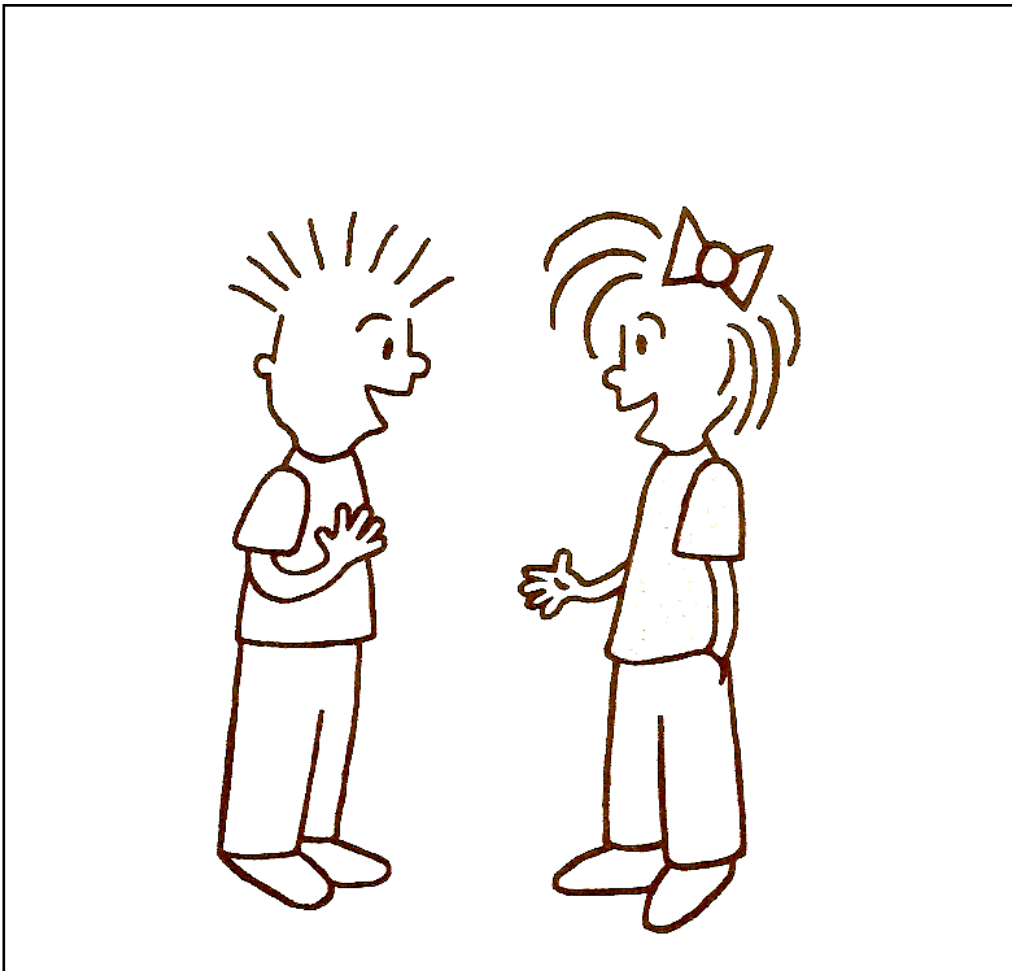
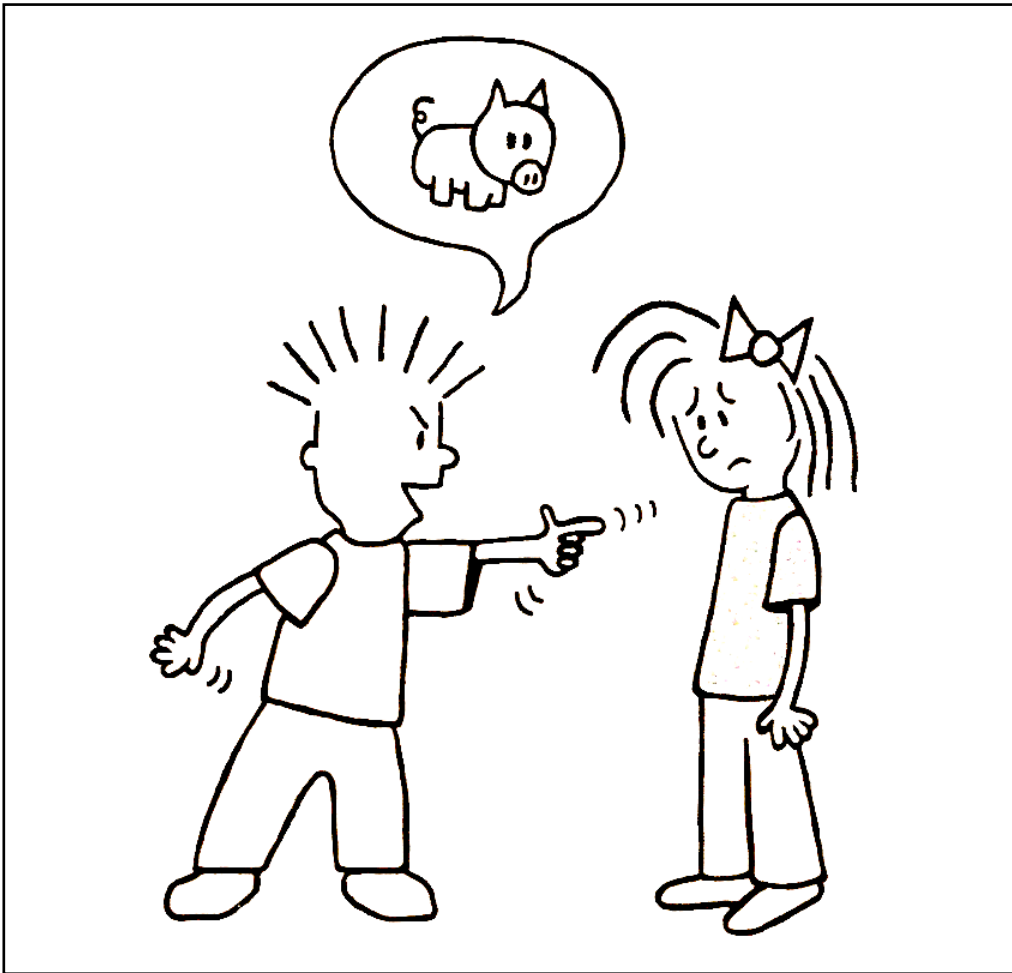
What can we learn from this story?

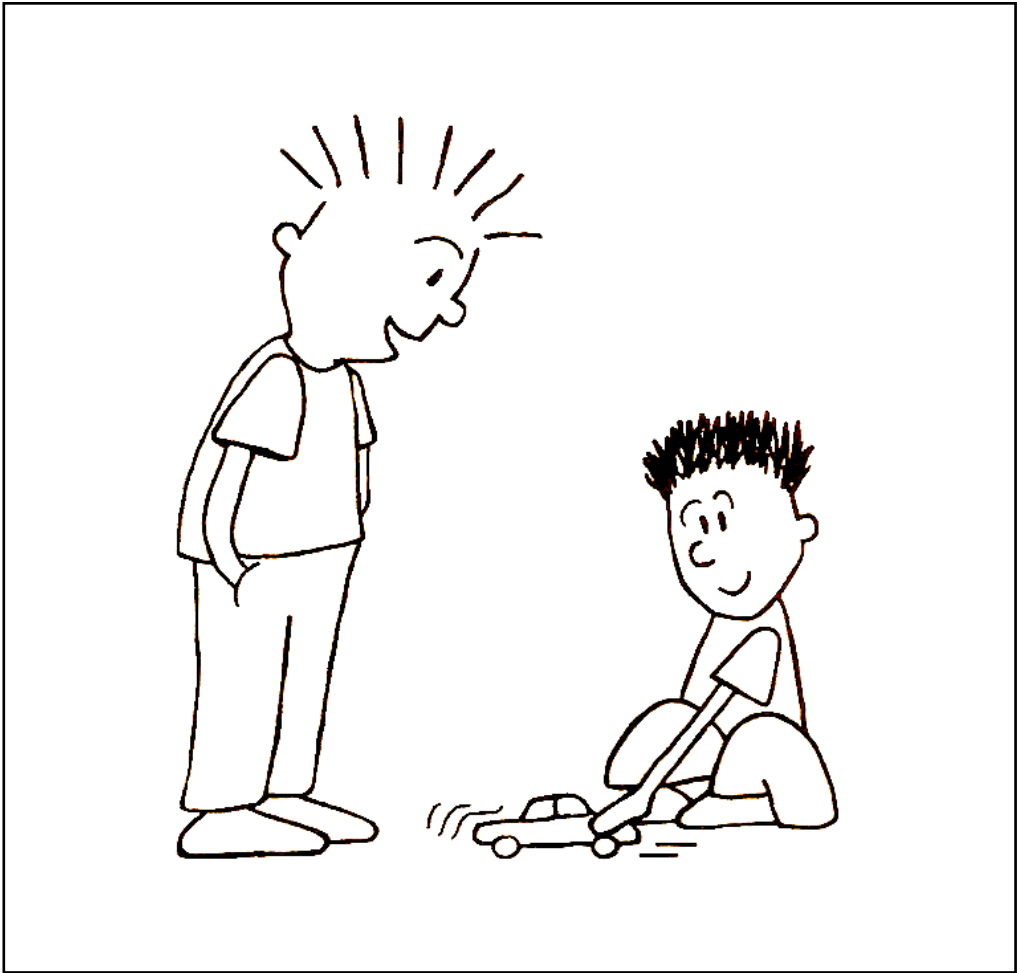
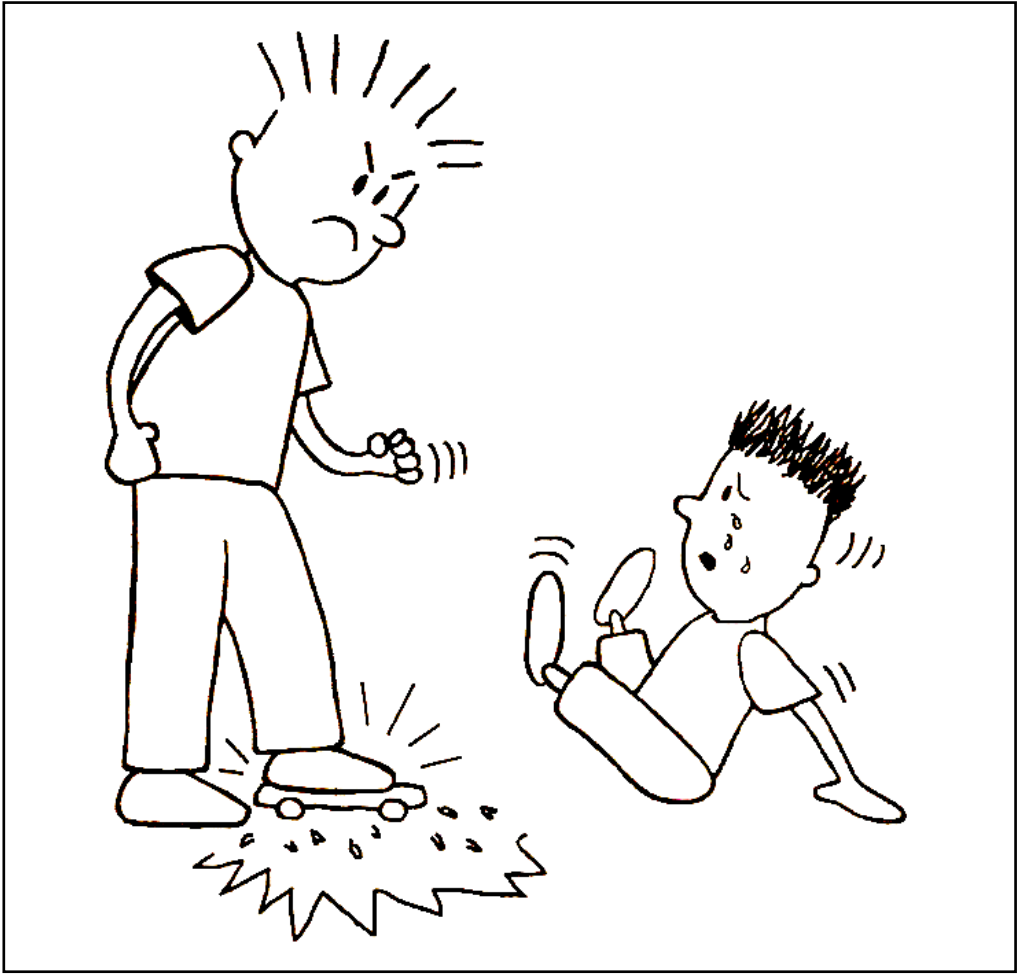
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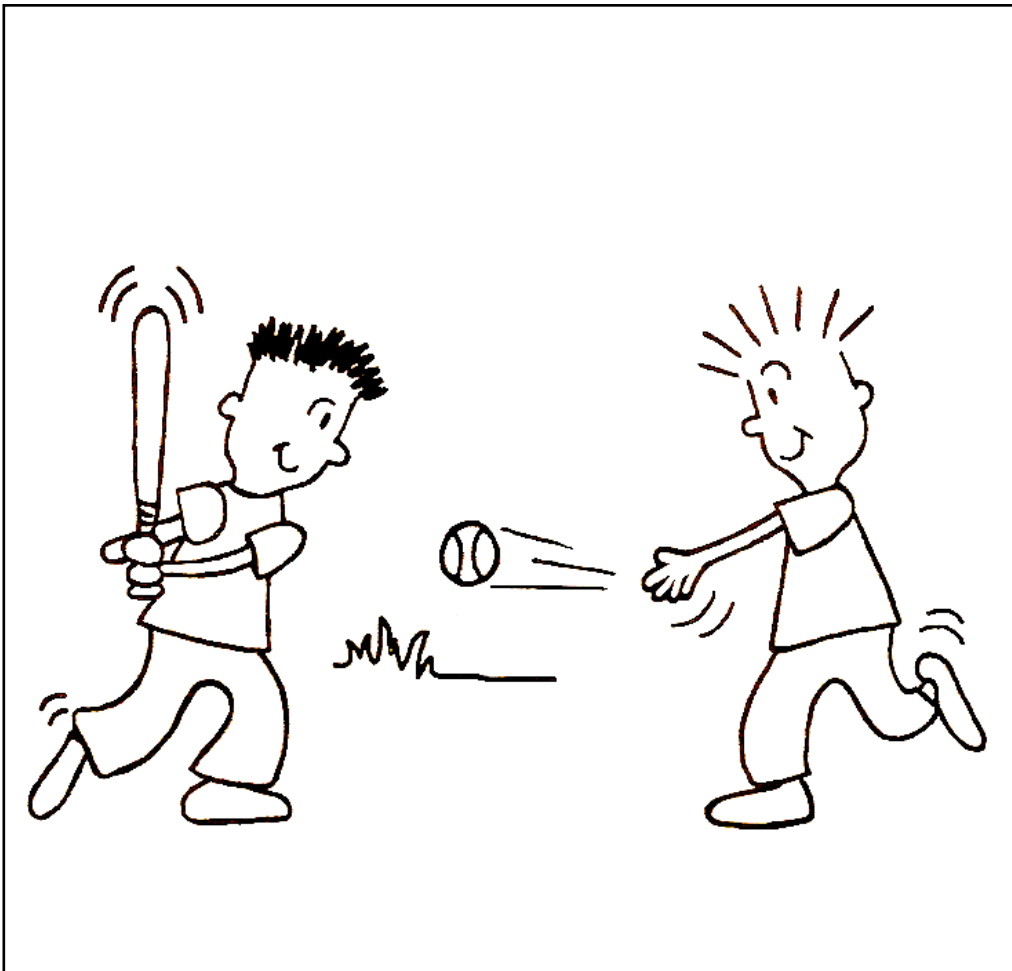
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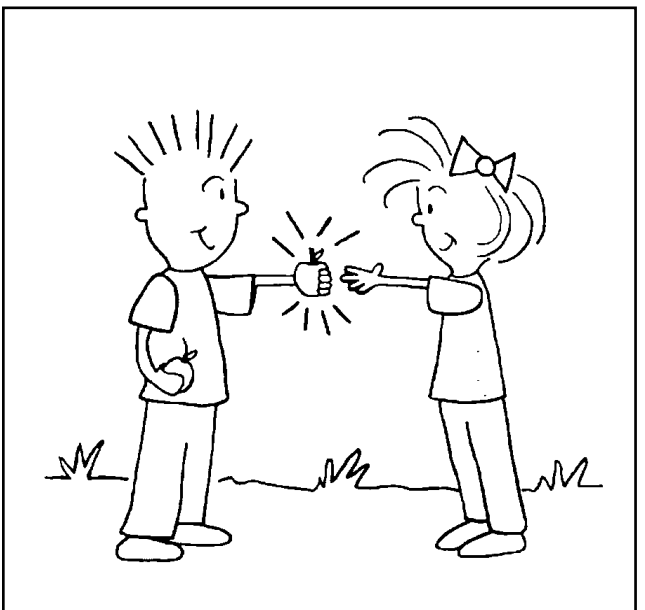
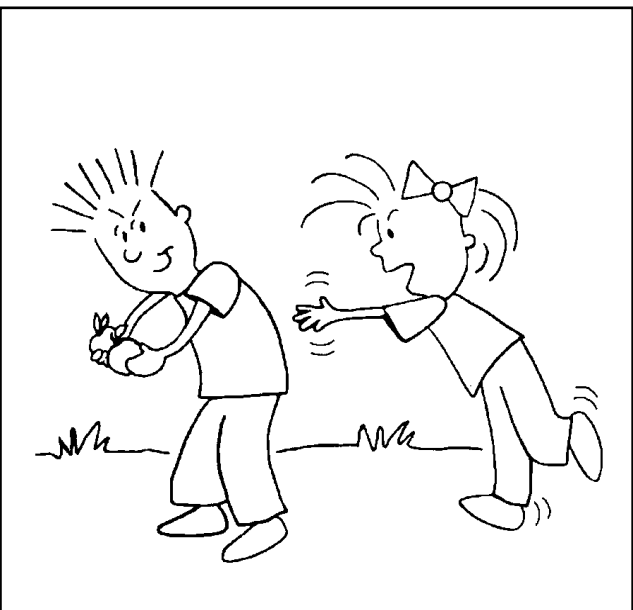
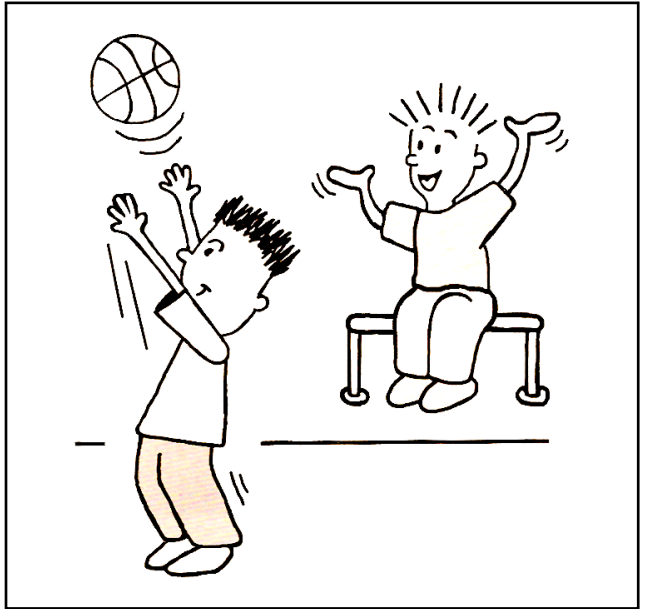
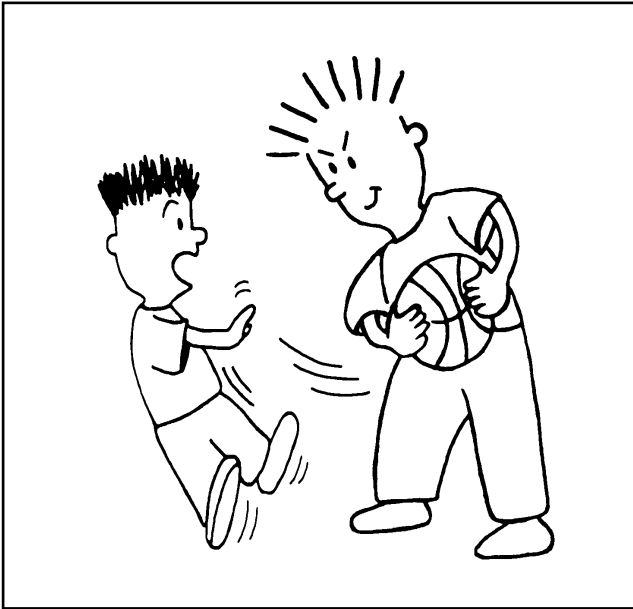
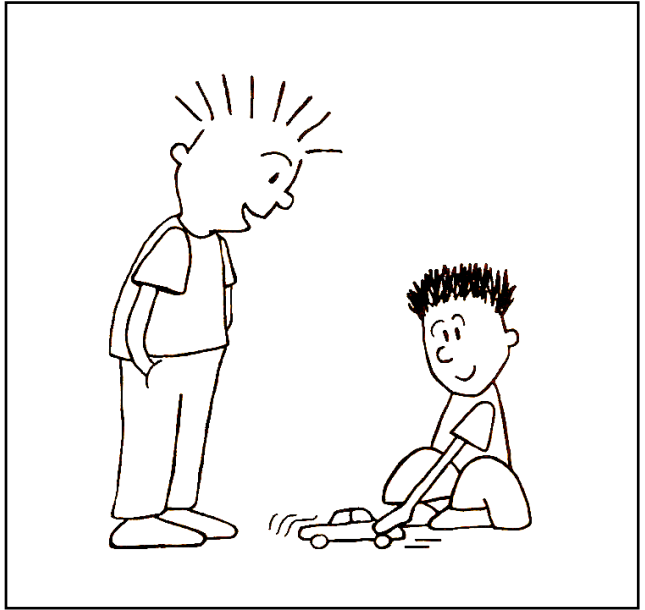
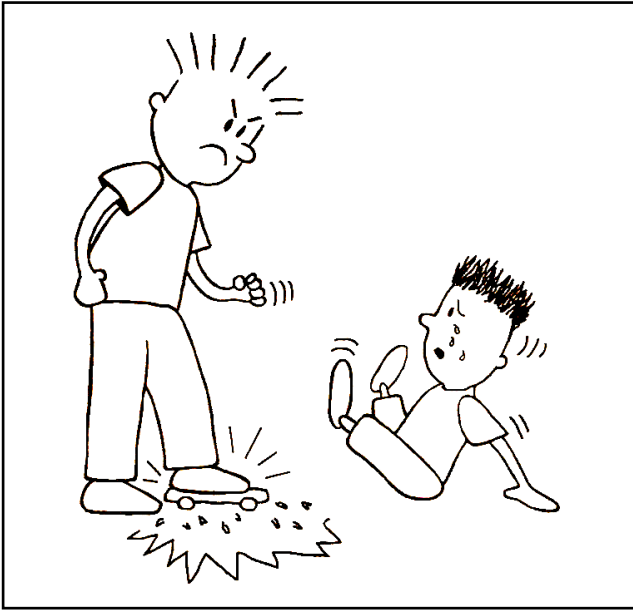
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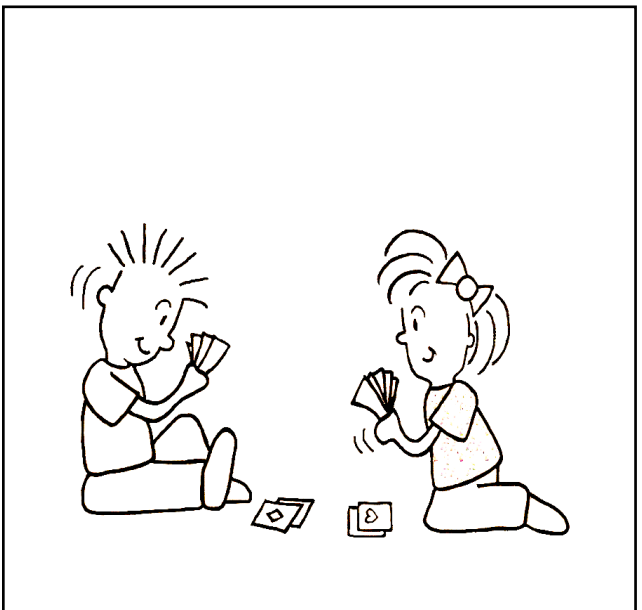
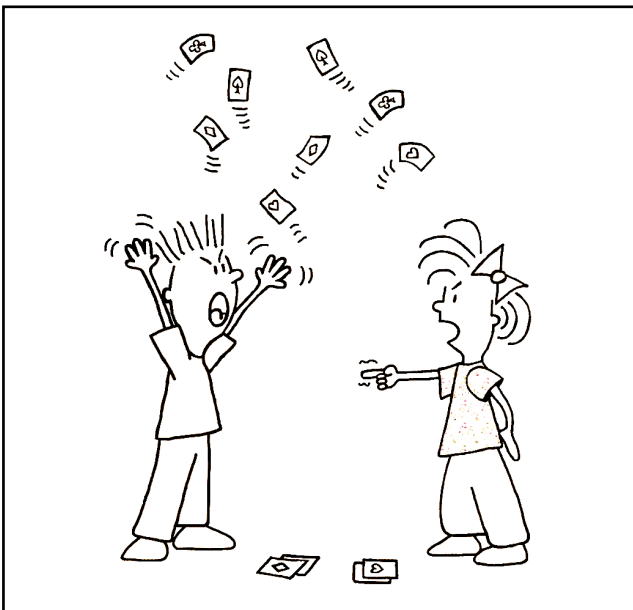
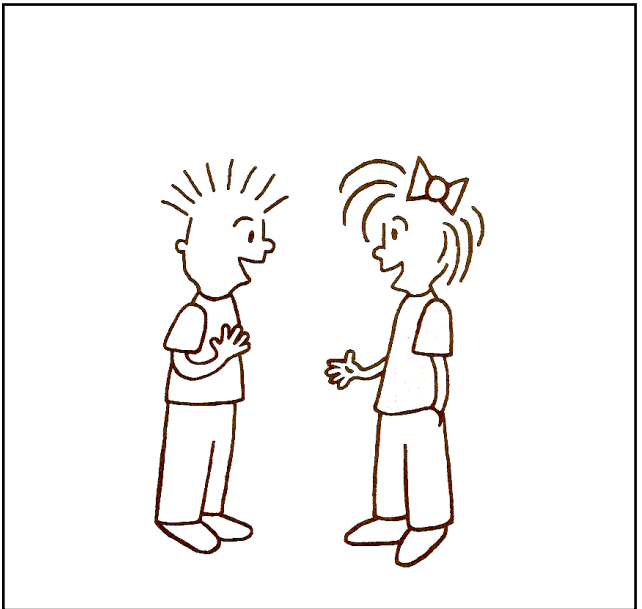
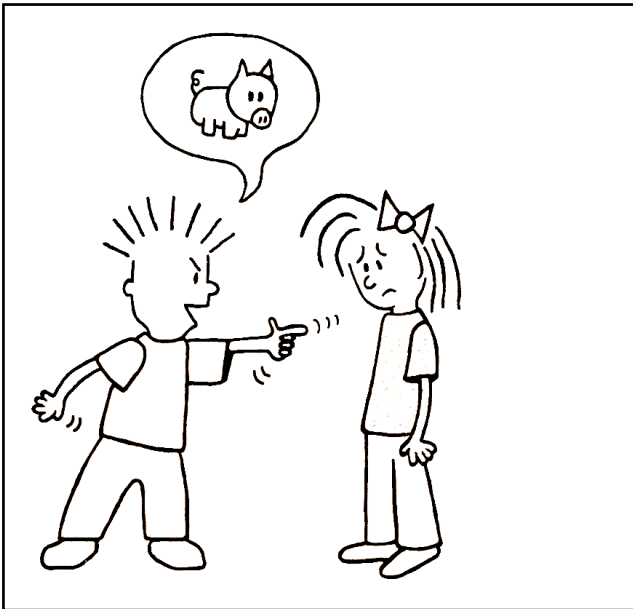
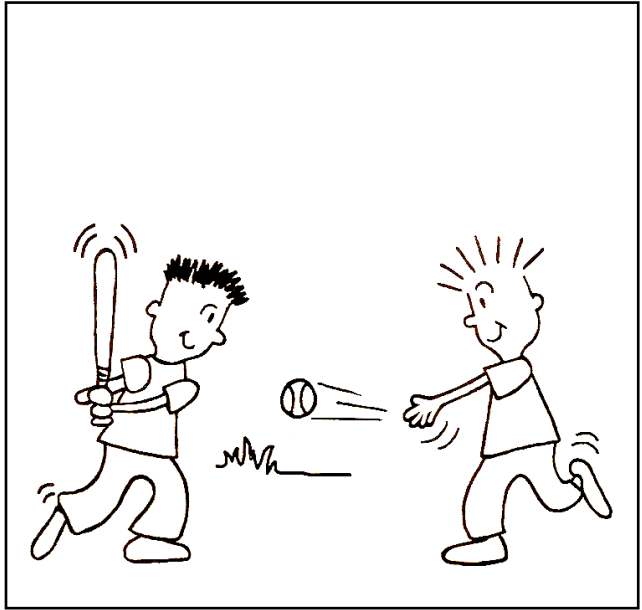












Principle Main Points
Unit 6 - Restoration History

(15)

Cain & Abel

12 cards

